



## Instruction Page

### 1. Choose your medical items.

Pick any items that feel meaningful to you: things you've had done in the last six months, last few years, or procedures you know you *need* or *wish* you could access. Each item corresponds to the **average out-of-pocket cost** for someone without insurance in Oregon. To keep cost from overshadowing choice, these prices are not shown on the menu.

### 2. Add a name (optional).

If you want, you can add a nickname to your receipt, along with the date and time your survey was completed. If not, your receipt will simply be assigned a number so it can exist among the others without identifying you personally.

### 3. Once your receipt is printed, it's yours.

Please don't keep it hidden, this project is meant to be public. You're welcome to take two copies if you want one for yourself, but we ask that you place the main receipt somewhere out in the world. The hope is that these small, bright pieces of paper gather attention, spark conversation, and eventually create enough noise that someone with the power to make change will hear us.

### 4. Share where your receipt ends up.

Take a photo of where you placed your sticker—or any Receipt of Existing stickers you find out in the wild—and upload it through our website. The QR code takes you directly to the “Photo Gallery & Dropbox,” where you can add your images to the collective map.

### 5. Tell a friend. Keep learning.

Spread the word, reflect on what healthcare access looks like in your community, and thank you for adding your two cents to the conversation.